



IDAHO CUBS



Present the

2018 HIGH SCHOOL AND COLLEGE PROSPECT CAMPS

Serving High School and Junior College Players

Don't miss this unique opportunity to learn from some of the best instructors in the game. The camp staff will include coaches, players and scouts from the Chicago Cubs and other Major League Organizations; as well as NCAA, NAIA and Junior College coaches. Not only will you hear the staff speak in all areas of the game, you will learn the fundamentals and skills needed to play at the next level through drills, repetition and game situations. You will also learn the importance of establishing a routine, the value of preparation, having a plan and the ability to make in-game adjustments.

Personal evaluation and individual instruction will be applied through video analysis to help you identify your strength and weaknesses. You will also have the opportunity to learn the importance of vision training, strength and conditioning specific for baseball, nutrition, injury prevention, college recruiting, professional baseball, showcase events, travel teams, self evaluation and practice organization. More importantly, you will receive the right information to help you develop and put yourself in the best position to reach your full potential.

RESERVE YOUR SPOT NOW. SPACE IS LIMITED.

- WHEN:** January 12, 13 & 14 Hitting & Defense (Only 84 spots available)
January 19, 20 & 21 Pitching (Only 60 spots available)
January 19, 20 & 21 Catching (Only 30 spots available)
- WHERE:** Caven-Williams Indoor Sports Complex at Boise State University
- COST:** \$350 per camp
- REGISTER:** Register and pay online at www.idahocubs.com
- CONTACT:** Gary Van Tol at 509-389-6787 or vantol@idahocubs.com